



cfuw OSHAWA
AND DISTRICT

Realizing potential. For all women.

September 2026 newsletter



cfuw fcfdu

Realizing potential. For all women.
Le pouvoir par le savoir.

September General Meeting Welcome Social



Join us as we start a new year of friendship, learning, participating, supporting and socializing! Hear about our educational scholarships and interest groups including bridge, golf and reading groups. Meet our great members!

Wednesday, September 9, 2026 - 7:00 PM

All Guests Welcome - Free Admission

St Mark's United Church 201 Centre St S, Whitby

cfuw.oshawa@gmail.com
<http://cfuw-oshawa-and-district.weebly.com>



cfuw OSHAWA
AND DISTRICT

Membership fees for the coming year remain the same at \$115. Please pay by cash or cheque.

Cheques should be written to "CFUW Oshawa and District". Our treasurer, Joyce, will be accepting membership fees at the general meeting on September 9.

Interest Groups**Janet N****Reading One****Barbara L**

Tuesday, September 15 at 1:30 pm

Host, JoAnne P

Book selection: *Birding with Yeats* by Lynn Thomson

Discussion leader: Pamela G

Book Chat**Jane R**

Wednesday, September 9 at 10 am

Host: Judy H

Book selection: the Temperance Brennan (Bones) series by Kathy Reichs. It is suggested that you read the first and/or last in the series. The discussion leader is Marilyn F.

It's a Mystery**Mary K**

Please contact convenor.

Bridge Buddies**Karen D**Bridge Buddies will begin on Monday, September 28th at Northview at 1pm.

The group will be notified as to who plays on that date in September - any questions, call Karen.

Let's Do Lunch**Pat D****Venue: Balti Indian (& Thai) Restaurant - Readers' Choice Diamond Award Winner****Date: Friday, September 25th Time: 12:30 p.m. Balti phone – 905-666-0909***Feel free to bring a prospective or former member or friend. (All good publicity for our club.)***115 Brock St. North, Whitby** - NE quadrant of '4 Corners' at Brock & Dundas St. E.

Parking: metered on street parking OR municipal parking lot behind the shops on Brock St. North - east side - carpooling always an option.

RSVP: Pat D. as per membership directory email address.

(features Indian, Nepali, Hakka & Thai cuisine.)

Personal contact information of CFUW Oshawa and District members is considered confidential and not to be used for personal or business solicitation purposes.

Advocacy Committee Report (August 2026)

There are two webinars which I highly recommend you attend if you have the time. They are interesting, well prepared, and helpful.

Earth's Changing Climate – Confronting the Challenge

Climate Action for Lifelong Learners (CALL) is hosting 8 Zoom sessions with Dr. Martin Bush starting Tuesday, October 13, and ending December 1. Time: 1:00 to 2:30 pm. The recording of each session is available for two weeks after the initial presentation.

The program provides a brief overview of climate effects and then examines the geophysical and socioeconomic drivers behind the unprecedented changes in global climate. Included will be what Canadians can do individually, in their communities, in their municipalities, and in the provinces where they reside.

Dr. Bush has studied and taught renewable energy technology including solar energy, wind power, photovoltaics, geothermal energy, and hydropower. He lives in Moncton, New Brunswick.

If you are interested, please email me, and I will send you the link. *Janet N*

Climate Conversations Matter – Let's Get Talking

Date: September 9, 2026 at 6:30 pm. – 7:30 Recording available

Seniors for Climate Action is hosting Dr. Katherine Hayhoe for a webinar discussing the critical importance of talking about the climate crisis. Dr. Hayhoe is an atmospheric scientist whose research focuses on understanding the impacts of climate change on people and the planet. Her TED talk entitled “The most important thing you can do to fight climate change: talk about it” has more than 4 million views and her most recent book is *Saving Us: A Climate Scientist's Case for Hope and Healing in a Divided World*.

This webinar is referenced in the CFUW National Newsletter.

Again, email me, and I will send you the link to register. *Janet N*

Just a note to add to the list of information re climate change:

Q: Why are Ontario's maple trees losing their leaves early?

A: Fungal infection from a wet spring; intense summer heatwaves and dry spells causing trees to lose moisture faster than their roots can absorb it; their natural defense response to stress to conserve energy and water. And it is not just our trees that are struggling to adapt. London's Kew Gardens lost 400 trees in the 2022 heatwave, and up to half of its 11,000 trees could be vulnerable to climate change by 2090.

Next Advocacy Meeting: September 21 @ 10:30 am on Zoom. Contact Donna H. for the link.

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Interest Groups

At the September meeting, there will be signup sheets for our regular interest groups: bridge, reading groups, luncheon outings, and advocacy. There will be a signup sheet for golf although the end of the season is almost, not quite, in view.

In Elizabeth Malcolm's June 2026 CFUW National Newsletter, there was a lengthy report listing the interest groups of CFUW clubs across the country. There are about 41 pages in the report. Some examples:

Busy Gourmet, Bakers' Club, Cinephiles, theatre, Social Evenings

Community Outreach, Scrabble group, Financial Literacy

Wake up Call: Breakfast at 8:15

Knitters, sewers, painters, singers, Meditation, Mah Jongg

Technology, Hiking, Symphony

Appetizer social, small trip group, Euchre group, Board games

There will be a signup sheet at the September meeting where you can express your interest. Some of these activities do not require a coordinator as they may happen only on occasion and dependent on weather, availability of events, etc. But for some of these ideas, happily only two people are needed to enjoy an outing.

Pamela G is doing some research for a theatre outing so there may be more information coming soon.



Golf group members l-r:

Lynn P, Hedy G, JoAnne P, Judy B, Joyce F, Barbara L, Janet N, Jone W.

Beautiful weather this summer. New members always welcome.

CFUW Oshawa & District Proposed Budget for 2026 – 2027

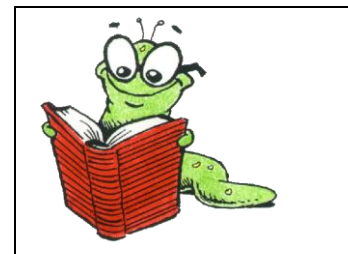
Receipts:

Membership Receipts -based on 41 members at \$115.	\$4,715.00
Book Sales and Happy Bucks	125.00
Total receipts	\$4,840.00

Disbursements:

CFUW Ontario Fees (\$6.25 per member)	\$256.25
CFUW National Fees (\$55.00 per member)	2,255.00
Ontario Council AGM	350.00
Friendship	20.00
Gifts	125.00
Program (6 presenters @ \$75.00)	450.00
Publicity	200.00
Food & Beverages	140.00
Room Rental (\$135.00 monthly rate)	1080.00
Total proposed disbursements	\$4876.25
Receipts less disbursements	-\$36.25

Remember to bring your used books and puzzles to the general meeting, and think about news you would like to share at Happy Bucks time.



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Membership information

Our annual dues are \$115.00. There has been no increase,

Dues for 2026-27 are payable by October 31 at the latest.

Cash or cheque payable to **CFUW Oshawa and District**. (no e-transfers)

We will be honouring our 50+ members with a small gift at our September meeting:

Lindy K 56 years

Sue S 52 years

Maureen A 52 years

Janet N 50 years

Please join us that evening to celebrate this milestone. *Hedy G.*



National website: www.cfuw.org

Ontario Council Website: www.cfuwontcouncil.org

CFUW Oshawa & District <http://cfuw-oshawa-and-district.weebly.com>

Newsletter

Barbara L

Please submit all newsletter items to barblewis@rogers.com

Items for the October newsletter should be received by Monday, September 28th

Friendship

Maureen A

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A who will advise all members through an email from Barb L and send an appropriate card on our behalf.

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CFUW Oshawa and District General Meeting Minutes: Wednesday, May 13, 2026

1. **Call to order:** Melanie K **Time:** 7:35pm **Recorder:** Barbara L

2. **Approval of the Minutes** of the General Meeting of Wednesday, April 8, 2026, as posted in the May 2026 Newsletter. Motion: Janet N, seconded, Sheila S. Carried.

3. CFUW News:

a. **The Ontario Council AGM**, “Women Leading Change” is scheduled for Fri. May 24-Sat. May 25, 2024 in Peterborough, ON. It is an in person event. We have three members attending. The agenda has been posted and can be viewed in the Ontario Council Newsletter. The club will vote in favour of supporting the one resolution being presented by CFUW London “Minimizing the Negative Effects of Postpartum Depression”. The links can be found in the OC newsletter.

b. **CFUW National AGM**, “Moving Forward Together”, is scheduled for July 20-24, 2026, Montreal, Quebec. This is an even year so the event is in person. Our club is not sending a representative. CFUW Ajax & Pickering has agreed to carry our vote. Two resolutions are proposed which we will support.

1. *Countering Disinformation in Canada* as proposed by CFUW Guelph and 2. *Canadian Response to the Education Crisis in Afghanistan* as proposed by CFUW Ottawa

CFUW has a long tradition of advocating for the education, equality, and wellbeing of women and girls worldwide. Through annual fundraising CFUW contributes to a project that directly benefits women and young girls and provides the possibility to change lives and futures. For 2025-2027 they partnered with Stephen Lewis Foundation on the Young Happy Healthy and Safe project. Ontario Tech Age Friendly University May newsletter informs us that Ontario Tech has received a \$1M donation towards a Research Center for Healthy Aging and Happiness. Dr. Winnie Sun, our speaker in March, will help oversee the research.

4. **Interest Groups:** Some interest groups are wrapping up for the year or have their last meeting planned e.g. the Lunch group and Advocacy. Some are planning for the coming year, such as book groups, and some continue over the summer months, such as bridge and golf. Please see Janet or Hedy and the May newsletter for updates. There will be a June Newsletter too.

5. Upcoming Meetings:

Board Meeting: Wednesday, May 27. For this meeting only we ask all board members, (current board, newly elected board, as well as board members who do not normally attend) be present.

General Meeting: Wednesday, September 9, 2026 at 7:00 pm. at St. Mark’s United Church.

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