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# Leaside-East York Newsletter
# September 2026

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Louise, Maddy and Agnes attended the CFUW AGM in Montreal

**Read why it's so much fun to attend the National AGM. Pages 13-16**

## CO-PRESIDENT'S REPORT: Syd Dyck



Welcome to another CFUW year. I hope you have all had a wonderful summer and are eager to jump into CFUW activities. Our 2026-27 year promises to be a good one with some very interesting speakers scheduled for our General Meetings. Executive members have been busy finding speakers, presenting scholarships, updating the website, reviewing financial records, making up the new brochure and of course preparing this Newsletter. Thank you one and all!

I was excited to represent our club at the Ontario Council AGM in May. It was my first time attending one of these events and didn't really know what to expect. I met a lot of people from all over the province, and it was interesting to hear what they had been doing in comparison to our own activities. I think we stacked up very well. I was very proud to accept on behalf of our club an award for increasing our membership by more than 10%. Kudos to Maddy Hoogstraten and Kim Withers for all their efforts in achieving this milestone. I was very impressed with how well the business portion of the meeting was run – it was very well organized. The resolution on ***Minimizing the Negative Effects of Postpartum Depression*** from CFUW London, was resoundingly passed. What was wonderful about this resolution is that CFUW London has only 15 members with most of them being students. They spent 1 ½ years working on the resolution which was very impressive. I loved it that these young women were so enthusiastic. All in all, I really enjoyed my first in-person AGM.

Janice Mitchell and I will be working together, taking turns chairing Executive and General Meetings and sharing the President's workload. I'm sure we'll have a great partnership!
I look forward to seeing you all at our first meeting on September 17th @ 7:30 p.m. with refreshments and socializing at 7:00 p.m.

## PAST PRESIDENT'S REPORT: Jane Withers



One of my duties this year is to monitor the interest groups. The Outdoor Group will be taking a break because of dwindling participation. There are several new groups which have started up in the last few years that seem to be attracting members: the Art Group, the Movie Group, and Ladies Leasurely Lunch. You might want to give them a try during this year. You can read about their activities in this newsletter. It's fun to try something new.




## TREASURER'S REPORT: Maralynn Beach



The June 30, 2026 fiscal year ended with a deficit of $763.40. This was slightly lower than the $1088.34 budgeted.
Thank you to those who are using e-transfers to pay their 2026 membership dues. This continues to work very well.

My thanks to Syd Dyck for reviewing the financial records of 2025-2026. She has been very gracious sharing her experience.
A copy of the reviewed statement is on **page 19** of the newsletter.
The dues remain the same as last year. Some members have asked how much of our $120 membership fee are for dues.

**For a Full Member**

| | |
|---|---|
| National Dues. | $55.00 |
| Ontario Council Dues | $5.50 |
| Ontario Council Insurance. | $0.75 |
| Charitable Trust. | $3.00 |
| TOTAL DUES. | $64.25 |

With dues of $64.25 that leaves $55.75 to cover room rental, caretaker, speakers, etc.
As of July 30, 2026 our bank balance was $4,546.76 with a GIC of $12,133.84 and a prepaid liability of $800 for the national AGM. Our net assets are $17,485.62

## MEMBERSHIP REPORT: Maddy Hoogstraten, Kim Withers





It is hard to believe that the summer is almost over and soon we will feel the cooler breezes of fall. The membership team has had an August meeting in which we discussed some ideas for promoting our club. We also updated the membership form.

We hope that you will look at the new program of speakers and join the club again. Along with the interesting topics for the coming year, we will also have many interest groups for you to join. The club's application form Is on **page 20** of the newsletter. If you are a returning member and your contact information has not changed, then you can pay the membership fee by mailing a cheque or by etransfer. Please see the form for more details. The bottom portion of the form still pertains to a donation to our Scholarship Trust. Hope to see you at the September meeting.

**Caring Cards: Sue Foot**



**"Empathy is seeing with the eyes of another, listening with the ears of another,and feeling with the heart of another". ~ Alfred Adler**
Summer has been quite wonderful for many of us but for others in our club, not all summer fun. **Pat Keith** was in hospital for surgery but, happily, she is recovering well. August is bringing a change for her when she and husband Tony are moving to Don Mills Seniors' Apartments. Luckily for me, she will be a neighbour in the building I'm in, and she'll be able to play in the bridge club! A card with note was sent to Pat following surgery. **Barb Oakley** was also having serious surgery and a card and note were sent to her as she was recovering.

Hip replacement surgery was in the books for **Joan Shute** in July when she was sent a card of understanding that she'll need a lot of patience as she journeys on a longer road of recovery. Several cards of encouragement were sent to **Pat Price** while she was recovering from hip surgery.
While the cards I send are on behalf of our CFUW Club members, individual members are encouraged to send cards and letters to our friends who would appreciate your thinking of them. I would add that members with information about a member who is ill, in hospital, perhaps grieving a loved one are asked to contact Syd about this, who will forward this information to me. Special birthdays or anniversaries are always welcome to be included, as well! It's lovely to celebrate happy times!

**IN MEMORY: Pat Price**



We are all sad to hear the news that our Pat Price passed away late Friday night, August 28th. She has been an active member of our club since 2004. As many of you know, Pat fell and broke her hip last February and after several months in rehab, she developed other complications and entered Hospice last week. Pat has been such an integral part of CFUW Leaside–East York, and she will be sorely missed. She was President twice, and was an active member of Issues and Actions, especially spearheading the Afghan Dinner for many years. She was also a member of Book Group 3, the Bridge Group, the Gourmet Group and Viewpoints. She was passionate about CFUW and loved all the good friends she made in the club. We will miss her.
**Syd Dyck, Co-President**

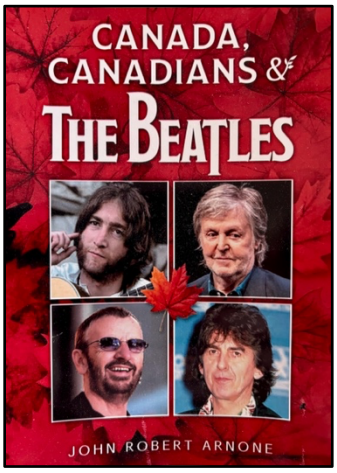
## PROGRAM REPORT: Carol Newman, Susan Wright





**Speakers for September and October in-person meetings.**

**September 17th, John Arnone, Author**, ***The Beatles' Great Canadian Adventure***




John Arnone is an Ontario author who wants the world to know that The Beatles' story is the story of Canada and Canadians. Our country and our people were front and center in The Beatles' history, influencing their lives, music, and art as a band and as solo artists.



Who knew? Be prepared to be blown away by his Canada Proud findings and compelling research...you may never again listen to The Beatles quite the same way!

**Program continued**




**October 15th, Rabul Singh, Founder & CEO, Globalmedic, *Thirty Years of Global Emergency Response.***

More people than ever before need humanitarian aid. Disaster, conflict, and climate change have driven millions of people from their homes and thrust many others into poverty, while simultaneous funding cuts have crippled the international aid sector's capacity to respond. Singh will share insights from over three decades of global emergency response, describing how volunteer mobilization, strategic partnerships, and a culture of perpetual reinvention enable GlobalMedic to grow, even as the rest of the sector shrinks.



## SCHOLARSHIP TRUST REPORT: Barbara Oakley



The Financial Statements for the Scholarship Trust for the period **July 1, 2025 to June 30, 2026** are presented for your review on **page 17**. Special thanks to Syd Dyck for reviewing the statements.

In previous years, the generous donations of our members have been sufficient to cover our annual scholarship commitments. This year, however, donations fell short, making it necessary to transfer funds from the Trust's capital to meet our obligations.

You can help close this year's funding gap by completing the donation section at the bottom of your membership renewal form and sending in your contribution. Tax receipts will be issued for donations of **$10.00 or more**.
Thank you for your continued generosity and support of the Scholarship Trust and the students whose education it helps make possible.

## SOCIAL REPORT: Sheila Lacroix



We look forward to welcoming you in September for the launch of our 2026-27 Club year. Refreshments for our social time before the business meeting will be served at 7:00. The Executive will provide refreshments for September. A sign-up sheet will be circulated for volunteers to provide refreshments for the October meeting, and at the October meeting, for November refreshments. It is recommended that you skip dessert before our general meetings as there are always many treats, both savory and sweet.

September, October and November general meetings will be held in person at Northlea United Church in the Community Room. Our annual Wassail celebration will take place on December 10, at 955 Millwood Road in the Party Room. More details will be reported in the November newsletter.



# INTEREST GROUPS

## Issues and Actions



The Issues & Actions Interest Group is the advocacy arm of our Club. We meet on the third Tuesday evening of the month, on Zoom, starting in October. Both CFUW National and CFUW Ontario Council develop policy, through their resolutions, on issues that support CFUW's mission. We work locally, connecting with our councillors and mayor, MPPs, and MPs to advocate those policy-based issues important to us. We also have other projects, such as supporting Right to Learn Afghanistan, participating in marches and rallies relevant to CFUW policy, supporting the YWCA Women's Shelter, and supporting the environment through our recycling initiative. **October is recycling month!** See the list of items we accept which members can bring to the October meeting on **Page 18.**

At the respective AGMs, all National and Ontario Council resolutions were passed, expanding and updating our policy.

Since our final May meeting, we have kept busy. Four members from our Club met with two members of North Toronto at the giant protest and rally May 28 against the privatization of health care, organized by the Ontario Health Coalition. Our public system is being eroded with funding going to private clinics.




In June, we wrote to three of our local MPs, Rob Oliphant, Don Valley West, Julie Dabrusin, Toronto Danforth, and Evan Solomon, Toronto Centre to protest the expansion of Billy Bishop airport. There are many solid arguments against the expansion. I know many of you responded to the call to complete the Transport Canada survey and send messages in protest. Combined voices from across the city resulted in a win, at least for now. We would like to have a firmer commitment from our federal government to put this expansion to rest!

Our priorities continue to be: affordable housing, including more social housing; preserving public health care; universal, affordable childcare; women's health and safety issues; the environment. May our positions be a guide when you vote in the upcoming municipal election.

We welcome new members. There is always work to do and much to learn, but we also have fun and our work can be rewarding. Like women over the decades, we stand firm in our commitment to influence progressive policies and to preserve the gains we have made.

## Art Group



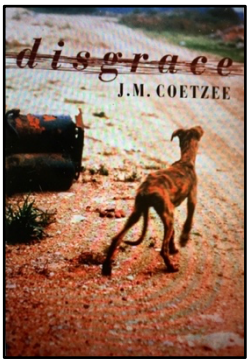
Do you have a secret urge to learn how to paint with watercolours?
Have you been longing to join a group of smart, funny and kind women who know how to let loose and try something new?
Well then, come and try the art group which runs once a week for six weeks. I will host the group at my house Mondays at 1:00 p.m. starting October 5th.

Paper, paint and brushes will be supplied for a $5.00 fee which allows me to buy good quality watercolour paper. All you need to bring is some confidence and a smile.

Beginners Welcome. I also hope that last year's members will be able to attend as I have a bigger table and it was so much fun.
If you would like to give it a try, please email me and I will add your name to the list of attendees.
**Kim Withers**

The EARTH without ART in it is just "EH"

## Book Group 1




Our April 2026 book selection was ***Disgrace*** by J. M. Coetzee, presented by Pam Scott. Published in 1999, just five years after the end of apartheid in South Africa, it is a searing examination of racial tension and the legacy of apartheid. It evoked some controversy when it was published but it is now regarded as a masterpiece. We had a lively discussion about the impact of power and its loss from both sides of the divide. It's a tough book to read but the story and the writing are very compelling. Highly recommended. **Pam Scott**

Our group of avid readers meets at our members' homes at 7:30 on the fourth Thursday of selected months. Each person chooses and presents a book to the group after a spring selection process in which all members offer their book choice(s) and a vote is held to make the final decisions. We tend to read fiction and would love to have new members join us for lively discussion; if interested, contact the convenor, **Martha Wall.**

**To whet your appetite here are the books selected for the next year.**

***Unearthed*** by Alexandra Risen. Date: Sept. 24, 2026
This memoir describes a detailed structural restoration, the plants chosen for specific reasons, and the author's cultural heritage.

***Wild Dark Shore*** by Charlotte McConaghy Date: Oct. 22, 2026
On a remote island seed bank near Antarctica, caretaker Dominic Salt meets Rowan, a mysterious woman washed ashore. Can they trust each other??

***Small Things Like These*** by Claire Keegan. Date: Nov. 26, 2026
Set in 1985 Ireland (not that long ago) the story follows Bill Furlong, an ordinary local merchant, who uncovers the town convent's secret.

***French Braid*** by Anne Tyler Date: March 25, 2027
The book follows the Garrett family through several generations, exploring their relationships, their difficulties and joys, and their influences on each other.

***The Correspondent*** by Virginia Evans Date: April 22, 2027
An epistolary novel containing the letters and emails of a 73-year-old retired lawyer which slowly reveal both her life and her character. It will be made into a movie with Jane Fonda.
***Spring Selection Meeting TBA*** **Martha Wall**

## Book Group 2

I hope you have had a summer of interesting and enjoyable reading. Sybil Leacock graciously hosted our annual book-choosing evening last May. See the schedule below. We gather at 7:30 on the first Wednesday of the month with the exception of December. We meet either on Zoom or at the presenter's home depending on weather and/or accessibility issues, to ensure all are able to participate. New members are welcome. Feel free to contact me if you are interested in either joining our group or attending an evening to check us out.

Oct. 7 ***The Briar Club*** by Kate Quinn, 2024
Pam Scott, 416-421-8437

Nov. 4 ***The Finest Hotel in Kabul*** by Lyse Doucette, 2014
Martha Ottenbreit, 647 233-7920

Jan. 6 ***The Gown*** by Jennifer Robson, 2019
Judie Arrowood, 416 357-6193

Feb. 3 ***Orbital*** by Samantha Harvey, 2024
Leonila Liko, 647 473-3737

Mar. 4 ***The Berry Pickers*** by Amanda Peters, 2020
Sheila Lacroix, 416 423-52143

April 7 ***The Paris Novel*** by Ruth Reichl, 2024
Sybil Leacock, 416 312-9939

May 5 ***The Guest in Room 120: A Novel***, by Sara Ackerman, 2025
Sue Gibson, 647 987-3334

June 2 Book Choosing for 2027-28

**Sheila Lacroix**

## Book Group 3 (Afternoon)

Our afternoon book group meets at **1:30 PM on the 3rd Tuesday of each month**. In May, we chose the year's books and have a list of exciting titles. We are reading across a wide range of genres—**and are focusing on non-fiction (no fiction, by design)**—so there's something for everyone. **We'd love to have you join us! Janice Mitchell**

## Bridge Group



Barbara Wilkes, Mary Eleanor Morris, Barbara Beatty
Photo by Anne Smith

We plan to have our first meeting in the fall on Thursday, September 10th. It will be at my home at one o'clock.

**Barbara Beatty**

## Gourmet Group

The final dinner of our 2025-2026 season was held at the home of Pam Scott, assisted by Barbara Oakley. We savoured a fresh summer cocktail accompanied by sweet and salty frozen grapes, flavourful Persian fish, lentils and rice and a Persian salad, ending with a most delicious fresh strawberry pie.

This group meets on the 4th Monday of the month in each other's homes, excluding December. In February we choose a restaurant instead of cooking. Each menu is planned by the host and a co-planner, who pass the recipes to each member to prepare and serve. The cost of each meal is totalled and divided so costs are always equal. In addition to delicious meals, we share convivial discussions and many laughs. We often require a substitute for an absent member so if you enjoy cooking and eating we would welcome you. **Joan Shute**

## Ladies' Leisurely Lunch

The Ladies Leisurely Lunch group meets on the second Wednesday of the month. We break into groups. Each group chooses a restaurant, notifyies members and confirms numbers with the restaurant. We always welcome new members. **Sue Gibson**



## ***Le Groupe français***

*Nous vous invitons…*

cfuw fcfdu Realizing potential. For all women. Le pouvoir par le savoir.
La CFUW (anciennement FCFDU: la Fédération canadienne des femmes diplômées des universités)

**We meet at 1:30 pm, the first Tuesday of every month**, with some exceptions, like this September, which will be at my home; the meeting date is still to be determined. We would love you to join us. Contact me for confirmation of our first date. For the rest of the year, until further notice, we expect to meet:

2026: October 6, November 3, December 1
2027: January 5, February 2, March 2, April 6, May 4, and perhaps June 1.

We finished last season on a high note, that is on the third floor of my new address that I moved into in April. The summer was expected to be full of travels and adventures for all of us, which we will be conversing about (*en français*) at our September meeting. We will return to that same address and then circulate every month to someone else's home for the remaining dates, or out to a movie, play or musical event.

Two of our members, Maddy Hoogstraten and I, had a particularly immersed trip attending the 2026 CFUW AGM in Montréal (*2026 FCFDU Assemblée Générale*) where we absorbed the food, the sights, the sounds, the laughs of the *Juste Pour Rire HAHA* festival and of course the language. One of the organizers for the CFUW Local Arrangement Committee treated all the attendees of the AGM to a 'lesson-a-day' in French we should all know. So here are the gems to share with you, too.

**GREETINGS WITH A KISS ON EACH CHEEK**: "Go Right for the first cheek", otherwise if you don't follow this etiquette, there may be some embarrassing meeting of the mouths.




***POUTINE*** is hotly debated. First introduced in rural Québec in the 1950's, exactly where it began is contested between Drummondville, Québec (hometown of my Beaulieu family) and other towns in the area. Other famous Québec delectables enjoyed were *tourtières, pâté chinois* and *sirop d'érable*.

***LA bécosse*** is colloquial Québec French for an outhouse (often used in the plural form, *les bécosses*), which comes from a phonetic adaptation of the English word "back-house". Since 'h' is not pronounces in French, say [bak-ousse] really fast, ten times to produce the [bay-cuss] sound.

***TIGIDOU*** = ALL OK. How it is spelled is uncertain. It is pronounced roughly [**tee-gee** (g as in give)-**doo**]. Google search gave:

> In Québec French, **tiguidou** (often spelled *tigidou*) is a casual, friendly slang term meaning "all good," "okay," "perfect," or "all set". When people say *"C'est tiguidou,"* they mean that everything is in order, running smoothly, or that they agree to a plan.

It's always said with a smile. 😀

We are looking forward to sharing more interesting times again this year. *À bientôt.*

**Louise Beaulieu-Steiner**

## Movie Matinée

Cineplex theatres sell discount tickets on Tuesdays with the average ticket being $10.00. The group meets at the Varsity theater on Bloor Street, in the Manulife Centre. The access to the theater is quite easy - you can reach the theater indoors completely underground from the Yonge subway and there is parking under the complex at the Manulife Centre. Those who want to discuss the film can do so afterwards at a nearby restaurant. This interest group, “Movie Matinee,” will meet on the 4th Tuesday of the month. Please contact me if you are interested in movies. **Sue Gibson**

## Outdoor Group

On April 10th, seven members of the Outdoor Group had a tour of Delmanor Wynford Retirement Home. The tour was very informative and we were impressed with the facilities both inside and on the roof garden. After the tour, we were treated to a delicious lunch in their guest dining room, where we were able to relax and talk about what we had learned. The two women on either side of Anne Smith escorted us around the building and answered all our questions.
The Outdoor Group will be pausing activities for awhile.



## Viewpoints



Viewpoints meets on the second Monday of the month in the afternoon. Each month one member presents a topic and leads an often lively discussion. If you like stimulating conversation please let me know. **Sue Gibson**

**TO OUR ADVERTISERS**

We wish to express our appreciation to all those who support our club by advertising in our newsletter. We hope you are benefitting from this association. Members are encouraged to patronize your businesses whenever possible.




# Why it's so much fun to attend an Annual General Meeting (Here's our adventure) by Maddy Hoogstraten

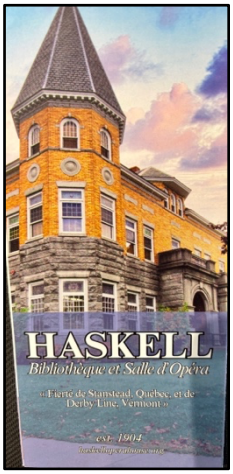
**Day 1:** Getting There on Monday July 20th
Louise, Agnes and I drove to Montréal for the CFUW Annual General Meeting this summer; I would recommend it to anyone. A short distance after crossing onto the island, we drove by Louise's former home in Beaconsfield along the south shore in West Island. The Delta hotel was our home for the next four days, balcony and all. Our grab bags upon registration included a jar of Cora Jam and a breakfast coupon, and a pearl earing gift certificate from a gemologist and club member. Fortuitously, the Just for Laughs-Ha Ha Festival was happening around the corner, and throughout the week we could join others at the CFUW Hospitality suite. This was our first opportunity to meet members from coast to coast.

**Part 1: AGM, Conference and Activities in the City**
**Day 2:** We took advantage of our Cora coupon for breakfast, joined a Hop-on-Hop-off tour of Montréal, met the gemologist at her store for our gift, and joined the boat cruise organized by the CFUW LAC (Local Arrangement Committee). We returned just in time for Agnes to attend a first timers' session and Louise and I to attend an electronic voting procedures session, followed by the Opening Ceremony Dinner.
**Day 3:** Louise attended business meetings in the morning while Agnes and I walked to Old Montréal. I loved the Marine Chapel with carved wooden ships mounted from the ceiling. It's the place where sailors would pray for a safe return home. After lunch we all attended the Member Led sessions where we shared ideas in groups. In the evening, we enjoyed the Charitable Trust dinner and speaker.
Thank you to our members who generously donated items to the Charitable Trust Boutique. All your donations except one were sold! Some donors have already received their tax receipts.
**Day 4:** Thursday was open to the public to attend. Louise invited both her cousin and a good friend to join us as we listened to fabulous speakers all day. Our evening was topped off by dinner at the famous Gibbys steakhouse in Old Montréal. Talk about being treated royally.
**Day 5**: Friday morning Breakfast was with our Graduate Women International (GWI) President Pat Patton from British Columbia and other Canadian GWI members. Once the final business meeting, closing ceremonies, and lunch was had, we checked out.

**Part 2: Post-AGM weekend trip to the Eastern Townships hosted by the Sherbrooke club.**
Our first stop was on Friday afternoon in Knowlton, where author Louise Penny was on hand to greet us in her bookstore. I bought her latest novel, ***The Last Mandarin***, co-authored by Melissa Fung who was kidnapped while on assignment in Kabul in 2008. I'd be happy to loan my signed copy to any member. Dinner was at Auberge Lake Brome, which has been welcoming guests since 1849.



Our hostess Marie billeted the three of us along with Mary Lou from B.C. in her cozy maison de vacances in North Hatley. On Saturday, the Sherbrooke members took us on tour all day, starting with **Abbaye de Saint-Benoit-du-Lac** famous for its cheese and cider.




Next stop was at Bleu Lavande, a lavender farm, for a picnic lunch, followed by an art studio in the hamlet of Georgeville, and then Stanstead, a town that houses Canadian homes on one side of the street, and U.S. homes on the other. We had a tour of the Haskell Library and Opera House that literally has the border (a piece of black tape on the floor) running right through it! At 6pm we were invited to a reception hosted by many more Sherbrooke and District members at Cep D'Argent winery in Deauville where we were wined and dined. Newly re-elected CFUW National President Linda Sestock joined us.
At breakfast Sunday morning I was serenaded by our hostess and housemates as they sang Bonne Fête. We then did a walking tour of North Hatley.



Babs Ritchie's cottage

On the way out we drove by Babs Ritchie's cottage which the family still owns. Jenny from the Kanata club asked us for a short stop at Hovey Manor; she wanted a souvenir of this famous place.

**<u>Part 3:</u> Just for the Three of Us**

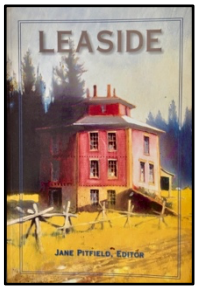


Maddy, Jane Toller, Agnes

Our next stop was to drop Jenny off at home in Ottawa, on our way two hours north to Fort Coulonge, Québec where Jane Pitfield (née Toller) has purchased her great-grandfather's home and converted it to an Auberge. Jane was previously a Toronto city councillor, representing Don Valley West ward. In 2006 she ran for Mayor of Toronto, and is known by many of our club members. Jane is currently Pontiac's civic warden. Fort Coulonge is a former logging community and is well known for its covered bridge.



Jane has kindly donated four autographed copies of her book **Leaside** that we plan to sell with the proceeds to go to our Scholarship Trust Fund. ($20.00 each).




## MOVING FORWARD TOGETHER

**Report on CFUW AGM Montreal 2026 Business Meeting** **by Louise Beaulieu-Steiner**

Maddy, Agnes and I did have a lot of fun with other attendees at the CFUW AGM and there were solid business decisions made for our organization. The final numbers of delegates plus interested members will probably appear with a lot more details and pictures in the next CFUW Club Action Newsletter coming to your e-mail box. CFUW currently has 6700 members in 88 clubs (in Ontario 4800 members in 48 clubs).

Attending this AGM were voting delegates from 80 clubs across Canada. This accounted for 243 votes from these delegates/proxies; I carried 3 votes for each question for our CFUW Leaside-East York members, using system called Election Buddy from my cell phone. The quorum of 53 votes was easily covered for CFUW Business and Policy meetings on Wednesday and Friday following a long-standing and robust system and the parliamentary rules in Robert's Rules of Order Newly Revised 12th Edition. Any member interested in understanding or engaging in the political process in Canada can learn a lot from CFUW's system.

While there were a few general housekeeping votes that all passed, the following were the notable votes taken and their results. A vote of 2/3 For was required for adoption.

Amendments Articles of Incorporation and Bylaws:

1) A proposal was made to add one new Director on the Board, a **VP of Regional Directors, to total 12**. The results were 193 For + 51 Against = 244 Total votes. ADOPTED
2) The Board has issued a charter for the E-Club. To update the By-laws, a proposal was presented to remove Bylaw references to E-Club so that CFUW E-Club members have the same rights as members in all other local clubs of CFUW. The results were 240 For + 0 Against. ADOPTED
   It was clarified that a woman or person who identifies as a woman, who is a member of more than one CFUW club shall, each year, pay **National, GWI and Provincial dues to only one club** regardless of how many clubs she chooses to join and she shall pay the **local club dues to each club** she joins every year.
3) Nominations for the Board of Directors 2026-2028: The only contested position was for President. Both highly qualified candidates, current President Linda Sestock and current VP Advocacy Heather Oxman presented their position. Results: 101 for Heather Oxman + 145 for Linda Sestock = 246 Total Votes.



**President Linda Sestock has a second term**.

Policy Resolutions:

1) Canadian Response to the Education Crisis for Women and Girls in Afghanistan: Results 236 For + 8 Against = 244 Total ADOPTED
2) Countering Disinformation in Canada: Results 243 For + 1 Against = 244 Total ADOPTED

## OTHER STUFF I LEARNED




- CFUW National website offers free useful recorded workshops e.g. How to use Google Docs, Archiving, etc.
- The province of Saskatchewan recognizes a CFUW Day, September 14.
- Natalie Provost, a survivor of the 1989 massacre at École Polytechnique, is a Secretary of State overseeing Nature in Prime Minister Mark Carney's government.
- CFUW has raised $16,000 for Year One of a two-year campaign as our international project with the Stephen Lewis Foundation project in Zambia called Young, Healthy, Happy & Safe.
- The Permanent Peoples' Tribunal (PPT) website at our-truths.com reports on their investigation into violence against Indigenous communities committed by our Canadian government.

**Three of 9 GWI Board members are CFUW members including President Pat Patton.**
**Four of 33 GWI Committee members are CFUW members. MOVING FORWARD TOGETHER.**

## My First AGM by Agnes Vermes

I was thrilled and honoured to be invited by Maddy and Louise to accompany them to the National AGM in Montreal this year. They guided me through the registration process and kept me on schedule throughout the conference. Our days were filled from morning til night with meetings and activities, no down time. My exercise clothes never got worn and the cover of my book never got opened.
I got to meet some remarkable women from all across Canada but the most special of all, was that I got time to share with my roommates Maddy and Louise.
The National AGM was interesting, well organized, and lots of fun, though sometimes I felt overwhelmed and inexperienced in the group discussions.
Overall, I had a great time and I look forward to attending future AGMs.

## THE NEWSLETTER TEAM



Editor - Layout
Jane Withers



Advertisements
Barbara Oakley

**CFUW LEASIDE-EAST YORK CLUB**
**SCHOLARSHIP TRUST**
**FINANCIAL STATEMENT FOR THE PERIOD**
**JULY 1, 2025 TO JUNE 30, 2026**

| | | | |
|---|---|---|---|
| **OPENING BALANCE** | BANK | | $ 7,101 |
| | GIC maturing Sept. 9/25 | | $10,000 |
| | GIC maturing Sept.26/25 | | $30,000 |
| | GIC maturing Nov.27/25 | | $10,450 |
| | **TOTAL** | | **$57,551** |
| **RECEIPTS:** | | | |
| Donations | $ 3,375 | | |
| GIC Interest | $ 1,300 | | |
| Transfer from Club | $ 198 | 66 members @ $3.00 | |
| Sub-total | $ 4,873 | | |
| **DISBURSEMENTS:** | $ 7,500 | | |
| **BALANCE** | **$54,924** | | |
| **CLOSING BALANCE** | BANK | | $ 6,119 |
| | GIC maturing Nov. 27/26 | | $10,805 @2.45* |
| | GIC maturing June 21/27 | | $38,000 @2.85** |
| | **TOTAL** | | **$54,924** |

***GIC $10,805 Maturing Nov. 27, 2026 @ 2.45%; projected maturity value $11,070**
****GIC $38,000 Maturing June 21, 2027 @ 2.85%; projected maturity value $39,089**

## CFUW LEASIDE EAST YORK ISSUES & ACTIONS RECYCLING INITIATIVE

To help the environment and some organizations, the Issues and Actions group undertakes to Reduce, Reuse and Recycle items. October and March are the months chosen to do this but, as you declutter, if you have an abundance of donations, please contact me and I am happy to either collect it, or have the items dropped off. The following is a list of items we collect, and where they go.

**NEW ITEM-Milk Bags.** The outer plastic bags of milk will be used to make mats. Elisabeth Gladstone will collect them at every in-person meeting as they may develop an odour.

**NEW ITEM-Reusable Grocery Bags**. These will go to a local Food Bank.

**NEW ITEM-Puffers and Inhalers, with identifying information removed**. Will be returned to a health clinic for recycling.

**NEW ITEM-Small Pots for Seedlings**. For the Thorncliffe Food Co-op

**Used stamps** are sold and the money raised goes to the YWCA Women's Shelter.

**Used ink cartridges** are recycled at Staples.

**Aluminum pop can tabs** go through several people and organizations to buy wheelchairs.

**Hearing aids** and unused batteries are given to Global Hearing Aid Clinic who pass them along to people in need in developing countries.

**Eyeglasses** are given to the Toronto Finnish Seniors Centre on Eglinton Ave. The glasses then go to those in need.

**Household Batteries** are collected and taken to a local battery recycling depot.

**The hotel size soap**, shampoo, etc. as well as unused toiletries go to New Circles.

**New or nearly new clothes** are taken to New Circles (which is an organization that provides family clothing for new Canadians and others.)

**VHS Tapes** go to the Thrift store.

**The Neighbourhood Organization** is taking used and new learning materials to supplement their programs. Some of the things they can use are arts and craft material, magazines, old encyclopedia's, cloth material, corks, greeting cards, baskets, knitting needles, egg cartons, children's books, board games, elastics, milk bag tags, etc.

**Canning Jars**, with/or without lids, go to the Flemingdon Anglican Ministry where they are educating their clients on how to grow food, prepare it, and preserve it for use over the winter. If you have any questions about any of these items, please call me at 416-938-1929 or email jonmarbeach@sympatico.ca. If you have an idea for a new item we might collect and keep out of landfill, please let me know as we are always looking for new ways to repurpose items and help to reduce waste.

Maralynn Beach (416-938-1929) jonmarbeach@sympatico.ca

# TREASURER'S REPORT

## June 2026

| | Year to date | Budget 2025-26 | Variance C-B | Budget 2025-26 Notes |
|---|---|---|---|---|
| **REVENUES** | | | | |
| Membership dues | 7,565.00 | 6,840.00 | (725.00) | 56x120, 2x60, Actual 62x120,1x6 |
| GIC Interest (Matures 8/26 ) | - | 0.00 | - | matured in June 2025 |
| Newsletter ads | 240.00 | 240.00 | 0.00 | Actual 3x80 |
| Newsletter fees | 40.00 | 40.00 | - | Actual 2x20 |
| Wassail Party - cash for YWCA | 275.00 | 140.00 | (135.00) | |
| Bank Rebate | 19.80 | | | |
| **SUB-TOTAL REVENUES** | **8,139.80** | **7,260.00** | (879.80) | |
| Deferred Revenues | | | | |
| **TOTAL REVENUES** | **8,139.80** | | | |
| | | | | |
| **DISBURSEMENTS** | | | | |
| CFUW National Dues | 3,520.00 | 3,080.00 | (440.00) | 56 x 55.00. (Actual 64x55.00 |
| CFUW AGM | - | - | | Virtual AGM |
| Ontario dues | 357.50 | 308.00 | (49.50) | 56 x 5.50 (Actual 64 x 5.50) |
| Ontario insurance | 49.50 | 43.50 | (6.00) | 58 x.75 (Actual 66 x.75) |
| Ontario AGM | 135.00 | 250.00 | 115.00 | |
| Scholarship Trust | 198.00 | 174.00 | (24.00) | 58 x 3 (Actual 66 x 3) |
| Church Caretaker | 120.00 | 120.00 | - | |
| Church Rental | 600.00 | 600.00 | - | |
| Zoom License | 242.84 | 242.84 | 0.00 | |
| Membership committee | 203.31 | 250.00 | 46.69 | |
| Social committee | 159.94 | 150.00 | (9.94) | |
| Program | 1,600.00 | 1,700.00 | 100.00 | |
| Computer Software/Hardware | 593.99 | 250.00 | (343.99) | New projector |
| Website | 315.90 | 300.00 | (15.90) | |
| Newsletter costs | 40.00 | 40.00 | - | |
| Afghan Event - I&A Committee | 117.41 | 100.00 | (17.41) | cost of room, supplies |
| Last Meeting of Year | 125.31 | 150.00 | 24.69 | cake |
| Admin./Miscellaneous | 91.55 | 250.00 | 158.45 | Caring Cards |
| Bank fees | 97.95 | 100.00 | 2.05 | |
| Wassail party women's shelter | 60.00 | 100.00 | 40.00 | cost of room, supplies |
| Wassail party - cash to YWCA | 275.00 | 140.00 | (135.00) | |
| GIC Interest re-invested | | | - | |
| | | | | |
| **TOTAL DISBURSEMENTS** | **8,903.20** | **8,348.34** | **(554.86)** | |
| | | | | |
| **REVENUE - DISBURSEMENTS** | **(763.40)** | **(1,088.34)** | **(324.94)** | |

## CFUW MEMBERSHIP LEASIDE-EAST YORK 2026-2027

If you are a new member or your information has changed, please fill out this form and mail it to Maddy Hoogstraten or bring it to a meeting.

Name: _____

Address: _____ Postal Code: _____

Email: _____

Telephone (one number only): _____

Fee: Full Member $ 120
Dual Member $ 60 To which CFUW do you pay full dues? _____
$ 65 To which CFUW club do you pay national dues?_____
Student $ 70

***If it is necessary for you to have the newsletters mailed to you, please include $20 to cover printing and postage.**

*I consent to the inclusion of the information I have provided in the CFUW Leaside-East York Membership List for 2026-2027, which is solely for the use of our members. Photos taken at club events may be used in the Club newsletter, the Club's Facebook page and on the Club's website.*

Signature: _____ Date: _____

**Methods of payment:**

1.) Payment by cheque payable "CFUW Leaside-East York" by September 30, 2026. Payment must be paid in full prior to participation in any Interest Groups.
Mail cheque and signed form to the address below.

**Maddy Hoogstraten 419 – 211 Randolph Road Toronto M4G 4H1**

**2.)** Payment by e-transfer If you prefer, you may e-transfer your payment to the following email address**. Include your name in the message.**

**mbeach.cfuw@gmail.com**



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## SCHOLARSHIP TRUST FUND DONATION (BY SEPARATE CHEQUE)

You may make a donation to the Scholarship Trust Fund at any time during the year,

Please use a separate cheque payable to: **CFUW Leaside-East York Scholarship Trust**. Receipts for Income tax purposes will be issued for a donation $10 and over.

Name: _____ Amount: _____

Address: _____ Postal Code: _____

*Please return or mail SCHOLARSHIP form and SCHOLARSHIP cheque to Scholarship Treasurer:*

**Barbara Oakley 801-20 Burkebrook Place Toronto, Ontario M4G 0A1**