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New London Club Executive

President: Linda Davis **Treasurer:** Marianne Welch

Secretary: Samantha Delmage **Avocacy Chair:** Sarah Zhou

Past President: Sue Blair

Fees Reminder

Membership fees are due each Fall \$90 full member OR \$25 student member cheque

mailed to CFUW London-Treasurer P.O. Box 24084, London, ON N6H 5C4

OR e-transfer to cfuwlondon@gmail.com and please include your name in the message

September 9,
7:00 PM
CFUW London
Welcome
Meet & Greet
followed by the
Business
Meeting and
Budget Review

to
[cfuwlondon@
gmail.com](mailto:cfuwlondon@gmail.com) to
attend!



2026

CFUW London Presents

NETWORKING SOCIAL

SEPTEMBER 9,

7:00 - 8:30 PM
at Chartwell, 201 Riverside Dr.



**Complementary
Wine & Nibbles**



this is a free event for
ALL WOMEN

LET'S WORK TOGETHER FOR GENDER EQUALITY

to attend PLEASE EMAIL
contactus@cfuwlondon.ca

www.cfuwlondon.ca



Friday
September 18,
at 4:00 PM

**A chance to
relax after a**



**chat with
friends**

**Join us with your favourite
beverage for a few laughs**



Zoom Link

Meeting ID: 892 7896 4315

Interest Groups

Adventurous Lunch September 23

Out to Lunch October 6

OUT FOR *Lunch*



Good To Know

All Candidate Meetings

SEPTEMBER 9 - OCTOBER 1



Meeting Dates



Headline: ConnectMyHealth: Access your Health Records Online for Free

ConnectMyHealth is Southwest Ontario's patient portal that provides access to your health records from participating hospitals. You can view various types of health records, including radiology reports and images, laboratory and microbiology results, discharge summaries, and more! Share your records with other ConnectMyHealth users such as your family or caregivers, get notified when you have new results, and see upcoming hospital appointments.

ConnectMyHealth can be accessed on various devices as there is no app to download. ConnectMyHealth is safe and secure, and is **completely free**. To learn more and register for an account, please visit the [ConnectMyHealth](#) website.

Primary Care & Community Resources

Local healthcare and community services may be helpful for non-emergency needs, mental health support or finding a primary care provider.

Scan the QR code to explore options available in our community including virtual urgent care, walk-in clinics, mental health services, or registration for a family physician.



The resources listed are intended for general guidance and informational purposes only. It's does not constitute medical advice, diagnosis, or treatment, and should not be relied upon as a substitute for consultation with qualified healthcare professionals. London Health Sciences Centre does not assume responsibility for the services listed, nor does it endorse or guarantee their suitability for individual circumstances.



London Health
Sciences Centre

Children's Hospital
London Health Sciences Centre



SouthWesthealthline.ca



Save The Date

Our next CFUW London Meeting is
Wednesday, October 14, at 7:00 PM at Chartwells



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