cfuw OSHAWA AND DISTRICT

Realizing potential. For all women.

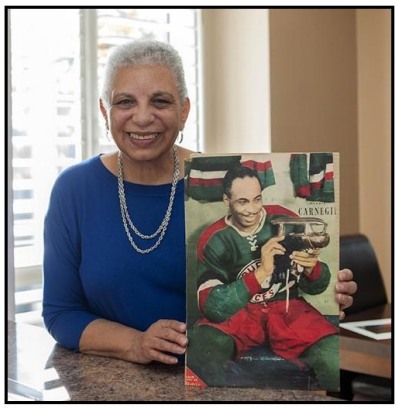
November 2026 newsletter

cfuw fcfdu Realizing potential. For all women. Le pouvoir par le savoir.

November General Meeting

The Herb Carnegie Story

- lessons passed on from father to daughter -



Bernice Carnegie's father was a Black hockey player in the 1940's and 1950's. Herb's credo of *Future ACES* fostering responsible, respectful and caring behaviour by youth was adopted by hundreds of Ontario schools. Bernice's ongoing work promotes acceptance and inclusion.

Wednesday, November 11, 2026 - 7:00 PM

All Guests Welcome - Free Admission

St Mark's United Church 201 Centre St S, Whitby

cfuw.oshawa@gmail.com
http://cfuw-oshawa-and-district.weebly.com

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Remember to bring your preloved books and puzzles to the general meeting. They will sell for $3 each.

Book Sale

Interest Groups — Janet N

Reading One — Barbara L

Tuesday, November 17th at 1:30 pm Host and discussion leader, Barbara L

Book selection: *The Son of the House* by Cheluchi Onyemelukwe-onuobia

Book Chat — Jane R

Wednesday, November 4th at 10 am Host, Janyce C Discussion leader, Jane R

Book selection: *I Am Not a Robot* by Joanna Stern

It's a Mystery — Mary K

Monday, November 30th at 2 pm. Host and discussion leader, Lina Z

Book selection: *The Killing Stones* by Anne Cleeves

Bridge Buddies — Karen D

Bridge dates for this month: Monday, November 9th and 23rd Northview at 1pm

Let's Do Lunch — Pat D

There will not be a lunch in November as the event is too close to the annual Holiday Lunch to be held on Wednesday, December 9th at KB Foods in downtown Whitby. The Holiday Lunch is being planned by Joyce F and Lynn P, and I hope all will support this fun, festive and most worthy event. Let's Do Lunch will meet again in the New Year on Friday, January 29th.

Theatre — Pamela G

There will be a group of us attending the performance of Noel Coward's ***Blithe Spirit*** at the Oshawa Little Theatre on January 28th at 7:30. Tickets cost $42. I would like to purchase the tickets in December. There were quite a few who indicated interest and it isn't a huge theatre. I would like the money before I get the tickets. I don't have e-transfer so payment will have to by cash or cheque (made out to Pamela G) I will be at the November 11th general meeting and the lunch on December 9th.

Personal contact information of CFUW Oshawa and District members is considered confidential and not to be used for personal or business solicitation purposes.

Janet N received a CFUW scarf to honour her 50 years of service to our club.

Pictured: Jone W, Janet, and Hedy G.

Advocacy Committee: Talking about Climate

Building More Resilient Communities

Durham Climate Forum:

You are invited to come to Durham Region Headquarters (605 Rossland Road East, Whitby) on Saturday, November 14, from 10 am to 2 pm. For a free, family-oriented event focused on preparing for climate-related challenges and building more resilient communities. This year's theme, Preparing for Change: Local knowledge, practical tools, and community actions, will feature speakers and discussion, interactive exhibits and activities, opportunities to connect with more than 25 local organizations and industry experts, and electric vehicle test drives.

Good news: Rain mitigation initiatives:

Vancouver

There are some special bricks in the pavement on Richards Street. They are permeable so water drains into a trench system that diverts around 11 million liters of rainwater a year.

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Ottawa
Heavy rains resulted in 5,800 basements being flooded. A rain garden, also called a bioretention cell, a shallow sloped area filled with plants and soil, can be a significant help. Water from a roof or road runs into the rain garden instead of a catch basin. Some water soaks away, some drains out over a few hours, and the rest goes into the sewer. The placement of rain gardens matters. Rain gardens on private lots meant a 27% reduction in flooding, and street-side rain gardens (roads, walking or cycling paths) created a 76% reduction. With gardens in both places, the flooded area was reduced by 86%. (https://theconversation.com-can-use-rain-garden) 2026-09-05

Submitted by Janet N

The next meeting of the Advocacy Committee will be on Monday, November 16 at 3 pm via Zoom. Contact Donna H for the link.

Holiday Lunch

On Wednesday, December 9th at noon, we will return to KB Foods at 120 Brock Street north in Whitby for our annual holiday lunch. Menus and pricing will be available soon.

There will be a sign up sheet at the November 11th general meeting.

Lynn P, co convenor with Joyce F, is researching new games to challenge us.

Those who wish to may bring gifts for Denise House residents and/or food bank items to the restaurant on that day. Donations may also be made online. The link is below.

Other Ways to Give (thedenisehouse.com)

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Membership: At present we have 40 members.

A warm welcome to new members Victoria G and Diane W.

Anyone who still needs to pay their annual dues of **$115,** please send a cheque payable to **CFUW Oshawa and District** to our treasurer: **Joyce F.**

It is with sadness that we announce the passing of Betty Siberry who joined CFUW in 1969. A few of us went to her 100th birthday at the Wynfield senior residence in 2024.
Her sons have invited us to a celebration of life for Betty to be held: **Thursday, November 5, 1-3 p.m. at Thornton Cemetery Funeral Services, Oshawa**
Her favorite colour was pink, so if you wish to wear something in that colour, that would be a nice way to remember her.
We will also honour her at our November 11 general meeting.

Submitted by Hedy G

Scholarship information:

Donations to the endowment funds for Durham College and Ontario Tech University can be made at the November General Meeting. Addressed, postage paid envelopes and forms for Durham College and Ontario Tech will also be available. **Donations of $20 or more will receive a tax receipt.**

How to Donate to the CFUW Endowment Funds

To Durham College:

• Make a cheque or money order payable to "Durham College Foundation" but on the memo line, write "CFUW Oshawa and District Endowment Fund".

• Ensure that your cheque has your name and address on it.

• Mail the cheque to: Durham College Foundation, 2000 Simcoe St. N, Oshawa, ON L1G 0C5

• Durham College Link: Durham College Online Giving (mycampus.ca)

To Ontario Tech University:

• Make the cheque or money order payable to "Ontario Tech University" but on the memo

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line write “CFUW Oshawa and District Endowment Fund”.

• Ensure that your cheque has your name and address on it.

• Mail the cheque to: Ontario Tech University c/o Advancement Office; 2000 Simcoe St. North, Oshawa, ON L1G 0C5

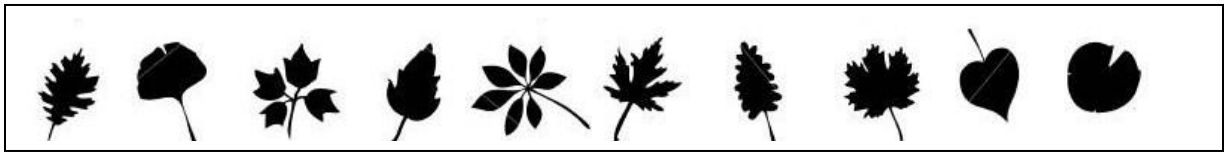
• Ontario Tech University Link: https://giving.ontariotechu.ca/donate/index.php

Donating Online

• Visit each school’s website. Click on “Donate” or “Giving”. Complete the form provided.

• If it says, “please use my gift for” or “other”, type in CFUW Oshawa and District

Scholarship chair, *Lynn P*



National website: **www.cfuw.org**

Ontario Council Website: **www.cfuwontcouncil.org**

CFUW Oshawa & District **http://cfuw-oshawa-and-district.weebly.com**

Newsletter — Barbara L

Please submit all newsletter items to barblewis@rogers.com

Items for the December newsletter should be received by Saturday, November 28th

Friendship — Maureen A

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A who will advise all members through an email from Barb L and send an appropriate card on our behalf.

Former member Heather L’s husband has recently died. If you would like to have her address, contact Hedy G. There will be no funeral.

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CFUW Oshawa and District General Meeting Minutes, October 14, 2026
St. Mark's United Church, Whitby

Lead for the meeting: Jone W **Meeting Recording Secretary:** Janet N

Opening comments: Lead Jone welcomed everyone and invited them to stay for refreshments and to chat with the speaker. All are welcome to stay for our business meeting.

Presentation – DURHAM GREENER HOMES: Eric Lam, Manager, Home Energy at Windfall Ecology Centre in Aurora. Topic: Making homes more energy efficient and resources for homeowners interested in upgrades.

Speaker Introduction: Judy H Speaker Thanks: Margo M

Refreshment Break
Business Meeting

1. Call to order at 8:05 pm.

2. Approval of Minutes of September 9, 2026, as circulated in the Newsletter
Moved by: Janet N Seconded: Judy B Motion Carried

Business arising from Minutes: None

3. Treasurer's Report – Joyce presented a brief overview of our finances: Expenses to date: $309.99. Balance forward: $11,365.47. Scholarship Fund: $637.05.

4. CFUW News:

National: Education committee's Learning Hour: Fighting Cyber Violence Against Women (Thursday, October 15 1-2 pm) and Women & AI (Friday, October 16 at 1 pm.)

Ontario Council:
a. New website
b. Speaker Series #1: Leading Change Through Legislation on Saturday October 24, 10 am to 12 noon on Zoom. Speakers are 2 MPPs and a lobbyist discussing what it takes to move an issue from concern to law: check the OC website to register.

5. Committee Reports:

a) Membership: Hedy
Recognition ceremony: Hedy presented Janet with a CFUW scarf in recognition of 50 years' membership. Hedy welcomed several new members as well as a returning member.

b) Program: Hedy presented information about the *The Herb Carnegie Story*, the program for November 11 at 7PM

c) Newsletter: Deadline for the November newsletter is October 29

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d) Publicity: Jone reported that she and Jennifer met to consider other places to place flyers. All posters except the March Advocacy flyer have been prepared. Jennifer has arranged for us to post at the Whitby Seniors Centre and presented our info to Wellings of Whitby. City of Oshawa will no longer post because we do not meet in Oshawa. We are pursuing some other new publicity sources.

e) Advocacy: Donna gave a brief report noting the zoom meeting on Monday October 19 at 3pm. Janet reported on the Durham Region Climate Forum being held at the Region headquarters, 605 Rossland Rd. E, in Whitby from 10:00 am to 2:00 pm.

f) Social: Sheila S thanked Nancy P for the meeting's baking and asked for a volunteer for the next meeting.

g) Interest Groups: Janet N reported that regular participants who have not signed the Interest Group sheets are still welcome to attend their functions. The signup sheets will not be available at the next meeting. Please contact the convenor to ensure you are not left off contact lists.

h) Lunch Group: Pat D: the next luncheon will be on Friday October 30 at 12:30 at Il Fornello, Kingston Road, Ajax. The notice will be emailed to members for signup.

i) **Holiday Lunch**: Joyce F reported that the Holiday Luncheon would be held on Wednesday, December 9, at KB Food, Whitby. There is a signup sheet.

j) Theatre Outing: A trip to OTL for *Blythe Spirit* is being planned for January or February. Contact is Pamela G.

8. New Business

a. **Peterborough Club**: screening documentary *No More Silent Battles* about dementia home care (October 22, 1:30pm, Knights of Columbus) No fee, all welcome. Contact Anne Cordon.
b. **Northumberland Club: "**Treasures, Textiles, Treats, and Tales" (Cobourg Public Library, Wednesday, November 4, 10:00 am to 6 pm.)
c. **Seniors for Social Action Ontario**: "Population-based Integrated Care: Implications for Supporting Aging at Home and in Community" (Zoom, Thursday October 15, 2-3:30 pm)

d. **YWCA Night Light Walk:** 3km walk starting at Whitby's Celebration Square, 405 Dundas St East. This is a fundraiser for the YWCA's Second Stage Housing (minimum $50 fee) October 22 at 6:15.

9. Announcements/Upcoming Meetings/Events

Next General Meeting: Wednesday, November 11, 7pm. Lead: Donna H Recorder: Janet N

Board meeting date: Wednesday October 28 at 2pm on Zoom

Motion to adjourn: 8:40 pm **Happy Bucks**

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